



UCL



Are you a health professional, link worker or involved in the delivery of community activities that support people's health and wellbeing?

Would you be interested in speaking to us about your views and experiences of delivering social prescribing and community activities to people living with severe mental illnesses?

People with severe mental illnesses (SMI) such as schizophrenia, bipolar disorder or psychosis are at increased risk of heart disease and stroke. Research in healthcare settings has been unsuccessful at improving their physical health and alternative approaches are therefore needed to support people.

Social prescribing offers one such alternative as a holistic approach to supporting health and wellbeing.

We want to understand your views and experiences of delivering social prescribing and community activities to people with SMI. We would also like to hear about any training or support you might find useful.

What will happen if I take part?

- »» You will have the opportunity to discuss the study with a trained researcher and ask questions.
- »» You will be asked to take part in an interview with a researcher over the telephone, video call or in-person depending on your preferences.
- »» The interview should last around 45 minutes.
- »» The information you give us will be anonymised and kept confidential.
- »» We will offer you a £10 online gift voucher to thank you for taking part.

If you are interested in hearing more, please contact **Alexandra Burton** (a.burton@ucl.ac.uk)

