

	Monday	Tuesday	Wednesday	Thursday	Friday
9-9.30am	<b>Creative session</b> Poetic play to conceptualize asking questions.	<b>Creative session</b> Artistic exploration of themes of the week like researcher identity.	<b>Creative session</b> Discover skills embedded in aesthetic and sensory experience.	<b>Creative session</b> Enjoy brain dance to prepare for sharing our work.	<b>Creative session</b>
9.30-10.45am	<b>Intros &amp; Program Overview</b> Welcome to the Research Intensive, getting to know one another, what to expect this week & share Miro board.	<b>Evidence I</b> An exploration of the psychological & cognitive effects of the arts. Learn how the arts affect mental health and cognition across the life-course.	<b>Evidence II</b> An exploration of the physiological effects of the arts. Learn how the arts affect brain health and the management of acute and chronic conditions.	<b>Evidence III</b> An exploration of the behavioural effects of the arts. Learn about how the arts affect social and health-related behaviours and their impact in public health programmes.	<b>Group sharing of 2-minute presentations</b> Final hour for preparation and then a group sharing of posters/tools developed across the week in small groups, with feedback from our teaching faculty.
	<b>Speed networking</b> Break with networking				
10.45-11.00am		BREAK	BREAK	BREAK	BREAK
11.00-11.45pm	<b>Conceptualising arts and health</b> Overview how the arts intersect with health, the 'active ingredients' of arts experiences and their 'mechanisms of action', and major developments in policy and practice internationally.	<b>Research Methods II</b> Introduction to ontology, epistemology, theory, and theorising in arts and health research.	<b>Research Methods V</b> Overview of experimental designs, implementation science and cohort studies.	<b>Research methods VIII</b> Interactive workshop to practice data coding and learn to make data poems through poetic analysis.	<b>Where next?</b> Curated Q&A picking up topics that have emerged across the week, followed by a presentation on how to win grants and discussion about next steps beyond the intensive.
11.45-12.30		<b>Research Methods III</b> Overview of key qualitative methods, including observations, focus groups, and interviews.	<b>Research Methods VI</b> A deep dive into mixed methods, including study designs, data integration, and validating metainferences.	<b>Research Methods IX</b> Thematic analysis including reflexive and embodied methods of analysis.	
12.30-1.30pm	LUNCH	LUNCH 1.15 - Mindfulness	LUNCH	LUNCH 1.15 - Mindfulness	LUNCH
1.30-2.15	<b>Research Methods I</b> Overview of approaches and methods applicable to arts and health research, including key elements of study design.	<b>Research Methods IV</b> Learn about arts- and practice-based approaches. Includes a panel discussion to engage with different perspectives.	<b>Research Methods VII</b> Engage with debates about how to make research more equitable, including learning about co-production.	<b>Research Methods V</b> Evidence synthesis and AI for research.	
2.15-3.15pm	<b>Advancing your project: Tools I</b> Practical session on creating and using a logic model to clarify your project.	<b>Advancing your project: Tools II</b> Practical session on using an implementation matrix and introduction to study modelling.	<b>Advancing your project: Tools III</b> Practical session to develop a study model for grounding and communicating your project.	<b>Presentation Prep Session</b> Time to prepare for and practice for your 2-minute presentation with support from the faculty.	
3.15-3.30pm	BREAK	BREAK	BREAK	BREAK	
3.30-4.30pm	<b>Skills: Funding</b> A whistle-stop tour of top tips for securing research funding.	<b>Issues in arts and health research</b> Fast-fire participatory session considering cutting-edge issues in the field of arts and health.	<b>Getting creative: Practice and arts-based approaches</b> Practical session on learning and applying creative research approaches and tools.	<b>Careers in arts and health</b> Panel discussion about careers in the field and a chance to ask questions from the course faculty.	
	<b>4:00-4.45pm Reception</b>	<b>Walking tour St Columba grounds</b>			