

	Monday	Tuesday	Wednesday	Thursday	Friday
9-9.30am	Creative session Poetic play to conceptualize asking questions.	Creative session Artistic exploration of themes of the week like researcher identity.	Creative session Discover skills embedded in aesthetic and sensory experience.	Creative session Enjoy brain dance to prepare for sharing our work.	Creative session
9.30-10.45am	Intros & Program Overview Welcome to the Research Intensive, getting to know one another, what to expect this week & share Miro board.	Evidence I An exploration of the psychological & cognitive effects of the arts. Learn how the arts affect mental health and cognition across the life-course.	Evidence II An exploration of the physiological effects of the arts. Learn how the arts affect brain health and the management of acute and chronic conditions.	Evidence III An exploration of the behavioural effects of the arts. Learn about how the arts affect social and health-related behaviours and their impact in public health programmes.	Group sharing of 2-minute presentations Final hour for preparation and then a group sharing of posters/tools developed across the week in small groups, with feedback from our teaching faculty.
	Speed networking Break with networking				
10.45-11.00am		BREAK	BREAK	BREAK	BREAK
11.00-11.45pm	Conceptualising arts and health Overview how the arts intersect with health, the 'active ingredients' of arts experiences and their 'mechanisms of action', and major developments in policy and practice internationally.	Research Methods II Introduction to ontology, epistemology, theory, and theorising in arts and health research.	Research Methods V Overview of experimental designs, implementation science and cohort studies.	Research methods VIII Interactive workshop to practice data coding and learn to make data poems through poetic analysis.	Where next? Curated Q&A picking up topics that have emerged across the week.
11.45-12.30		Research Methods III Overview of key qualitative methods, including observations, focus groups, and interviews.	Research Methods VI A deep dive into mixed methods, including study designs, data integration, and validating metainferences.	Research Methods IX Thematic analysis including reflexive and embodied methods of analysis.	
12.30-1.30pm	LUNCH	LUNCH 1.15 - Mindfulness	LUNCH	LUNCH 1.15 - Mindfulness	LUNCH
1.30-2.15	Research Methods I Overview of approaches and methods applicable to arts and health research, including key elements of study design.	Research Methods IV Learn about arts- and practice-based approaches. Includes a panel discussion to engage with different perspectives.	Research Methods VII Engage with debates about how to make research more equitable, including learning about co-production.	Research Methods V Evidence synthesis and AI for research.	
2.15-3.15pm	Advancing your project: Tools I Practical session on creating and using a logic model to clarify your project.	Advancing your project: Tools II Practical session on using an implementation matrix and introduction to study modelling.	Advancing your project: Tools III Practical session to develop a study model for grounding and communicating your project.	Presentation Prep Session Time to prepare for and practice for your 2-minute presentation with support from the faculty.	
3.15-3.30pm	BREAK	BREAK	BREAK	BREAK	
3.30-4.30pm	Skills: Funding A whistle-stop tour of top tips for securing research funding.	Issues in arts and health research Fast-fire participatory session considering cutting-edge issues in the field of arts and health.	Getting creative: Practice and arts-based approaches Practical session on learning and applying creative research approaches and tools.	Careers in arts and health Panel discussion about careers in the field and a chance to ask questions from the course faculty.	
	4:00-4.45pm Reception & Walking tour St Columba grounds				